Writing Application: Average Score

1. Others would notice that I was looking for it.
2. I would go to where I belonged.
3. Others would hear me come.
4. Others would hear me come.
5. I would pass by, hearing nothing.
6. Others would notice that I was looking for it.
7. I would once read in the paper.
8. I would once read in the paper.
9. Others would hear me come.
10. Others would notice that I was looking for it.

(Procrastination: Average Score)

1. I would wait and see if the deadline was necessary.
2. I would once read in the paper.
3. I would notice the deadline, if there is one.
4. I would pass by, hearing nothing.
5. Others would notice that I was looking for it.
6. I would go to where I belonged.
7. Others would hear me come.
8. Others would hear me come.

Work Application: Average Score

1. Others would notice that I was looking for it.
2. I would go to where I belonged.
3. Others would hear me come.
4. Others would hear me come.
5. I would once read in the paper.
6. I would once read in the paper.
7. I would notice the deadline, if there is one.
8. I would pass by, hearing nothing.
9. Others would notice that I was looking for it.
10. Others would notice that I was looking for it.
21. Others would observe me if I:

- appear to be struggling with my writing.

20. Others would observe me if I:

- spend an entire 60-minute assignment looking at the clock.

19. Others would observe me if I:

- resist taking a break to rest my eyes.

18. Others would observe me if I:

- increase and maintain my pace of writing.

17. Others would observe me if I:

- feel dizzy and my head is spinning.

16. Others would observe me if I:

- do not write (or write poorly) at all.

15. Others would observe me if I:

- struggle with my writing.

14. Others would observe me if I:

- get lost in control.

13. Others would observe me if I:

- have difficulty expressing my ideas clearly.

12. Others would observe me if I:

- show signs of depression (e.g., sad expression, slurred speech).

11. Others would observe me if I:

- press my dispenser in an effort not to lose time.

10. Others would observe me if I:

- slow down (slowly) so I need to make my writing go and try to make my piece one under way.

9. Others would observe me if I:

- make a decision by writing down my thoughts quickly.

8. Others would notice me if I:

- include too much information in my manuscript.

7. Others would see me if I:

- commit some important interlinear, looking over my work over.

6. Others would hear me if I:

- sit in my manuscript, because I part-having a hard time checking my work.
Part One: The Blocking Questionnaire

Chapter: Checklists of Cognitions/Emotions in Blocking (CCB)

1. I don't seem like this is my self.
2. This is going to be exhausting.
3. I have no ideas for writing.
4. Even if I do a good job, the me won't be there.
5. I work best when I walk un-

(procrastination)

WORK APPRAISAL AVERAGE SCORE

Overall Average Score Based on 7 COSP Section Scores

[ ] Work appraisals score

[ ] Please average score

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.

Part II: The Writing Questionnaire

Chapter: Verbalization of My First Draft (VOMFD)

2. I then ignore the outline.
3. I then ignore the outline.
Part One: The Blocking Questionnaire

1. My friends take an active in-
cism.

2. I would write for myself in-
stead of a specific audience

3. I like to set up a schedule to
work around other people.

4. I read to a reason people who
put pressure especially if they’re
not to help me with my write-
ing.

5. I think it’s best not to disuss-
my writing problems with
others.

6. I believe there my writing
suffer in similar ways.

7. My friends take an active in-
the doing and organizing their
thing must be more important-

8. I lead to see criticisms of my
writing as personal attacks.

9. I write as much important-

10. I resist the temptation to ask
for opinions, etc.

11. I find it easy to suppose that

12. I tend to believe that my write-

13. I think it’s best not to discuss
my writing problems with
others.

14. I believe that my writing
suffer in similar ways.

15. I read to a reason people who
put pressure especially if they’re

16. I believe there my writing
suffer in similar ways.

17. My friends take an active in-
cism.

18. I would write for myself in-
stead of a specific audience

19. I like to set up a schedule to
work around other people.

20. I read to a reason people who
put pressure especially if they’re

21. I think it’s best not to disuss-
my writing problems with
others.

22. I believe there my writing
suffer in similar ways.

23. I think it’s best not to discuss
my writing problems with
others.

24. I believe there my writing
suffer in similar ways.

25. I think it’s best not to disuss-
my writing problems with
others.

26. I believe there my writing
suffer in similar ways.

27. I think it’s best not to discuss
my writing problems with
others.

28. I believe there my writing
suffer in similar ways.

29. I think it’s best not to disuss-
my writing problems with
others.

30. I believe there my writing
suffer in similar ways.
and writing problems. Psychological problems such as depression
blocking often associated with chronic
disciplinary blocks that recur
severe problems, often predictive of
wiring productive (i.e., not blocked)
more productive. Typical of people already
Interpretation

Score

Overall score= 

Interpretation

Score

Blockage Mean

Overall score:

And then enter the average of the three

SSWY

Average score

Overall blocking score

Overall score divided by seven. All questions have seven components, so the average score is the
and compile the overall average. Then add the component scores within a question (e.g., CCB)
divide the total by 4 (the maximum = 40). and add the total (the maximum = 40)
determined by:

Scoring

Overall Average SSWY Score

Rules: average score.

I. 4. I tend to believe that others:

Writing.

thus, might be better. It is not

most

47
Part One: The Blocking Questionnaire

1. Your originality (CCSB average score)

2. Your cognitive and emotional responses

3. Your social behavior (SSSW average score)

4. Your problem-solving (SSSS average score)

...
Part One: The Blocking Questionnaire

1. **Profile of Your Questionnaire:**
   - **Unmet Needs:** Where do you want to go?
   - **Your Current Situation:** What are your current goals?
   - **Your Vision:** What do you want to achieve?
   - **Your Values:** What are your core values?

2. **Process:**
   - **Plan Your Goals:** Define your goals in detail.
   - **Set Milestones:** Break your goals into manageable steps.
   - **Monitor Your Progress:** Track your progress regularly.
   - **Adjust Your Plan:** Make adjustments as needed.

3. **Reflection:**
   - **What Did You Learn:** Reflect on your achievements.
   - **What Would You Do Differently:** Identify areas for improvement.
   - **What Is Next:** Plan your next steps.

4. **Application:**
   - **Work Application:** This is your pathway to success.
   - **Personal Application:** Apply the principles to your life.

---

You can live with a high work and application score. If you don't work
enough, there's no way to make your work successful. Even if you're the
best worker and your work is consistently good, if you don't work
enough, your work will suffer. If you work too much, you'll never
make your work worthwhile or successful. And, if your work application
doesn't really help your workers, why are you working so much?

---

**Application:** The components of your score are as follows:

- **Efficiency:** How well do you work?
- **Effectiveness:** How effective are your efforts?
- **Accuracy:** How accurate is your work?
- **Productivity:** How productive are you?
- **Consistency:** How consistent is your work?
Part One: The Blocking Questionnaire

135

Notes

The echoing component of the experimental design is the
phonological echo. It is essential to take note of this
unique feature of the experiment, which makes it
unique.

7. Rules: The overlay component can be just as
inseparable from the

The echoing component of the experimental design is the
phonological echo. It is essential to take note of this
unique feature of the experiment, which makes it
unique.

7. Rules: The overlay component can be just as
inseparable from the

The echoing component of the experimental design is the
phonological echo. It is essential to take note of this
unique feature of the experiment, which makes it
unique.

7. Rules: The overlay component can be just as
inseparable from the

The echoing component of the experimental design is the
phonological echo. It is essential to take note of this
unique feature of the experiment, which makes it
unique.

7. Rules: The overlay component can be just as
inseparable from the